

SYLLABUS 2019-2020

Class : XI

Subject : Psychology

Book : (a) Introduction to Psychology by S. K. Mangal

(b) Psychology by Baron

(c) Introduction to psychology by Morgan and King

Publisher : (a) Sterling Publishers Private Limited

(b) Pearson Education

(c) Tata McGraw-Hill Edition

Term 1

1. The Subject Psychology

- Definition & Nature of Psychology
- Fields of Psychology
- Heredity & Environment

2. Methods of Psychology

- Scientific Methods of Psychology
- Interpretation of research results

Term 2

3. Attention & Perception

- Nature of attention
- Determinants of attention
- Perceptual processes
- Errors in perception

4. Emotions & Motivation

- What is meant by emotion; the basic emotions.
- Theories of emotion dealing with physiological, subjective & cognitive aspects.
- What is meant by motives, needs & instincts; unconscious motives.
- Theories of Motivation
- Social motives
- Frustration

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5. Learning

- What is meant by learning; how it takes place – Classical & Operant Conditioning; Insight learning, Observational Learning & Learning Styles.
- Learning disabilities : definition & types

Term 3

6. Remembering & Forgetting

- The memory system – how it works – different models.
- Why & how forgetting occurs.
- How memory can be improved.

Term 4

7. Thinking, Problem Solving & Creativity

- What is meant by thinking
- Concepts & how they are formed.
- Reasoning
- Creative Thinking

Practical (Interpretation and Discussion)

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